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EVERYTHING YOU ALWAYS WANTED TO KNOW ABOUT RHINOPLASTY

Noses come in all different shapes and sizes- big, small, crooked you name it. Whilst some of us love what we have been born with, a few of us wish our noses could be replaced with someone else's. That's why today I am proud to introduce to you all an award winning rhinoplasty surgeon, Dr William Mooney, who I recently caught up with to help me answer all those questions you have always wanted to ask about rhinoplasty but never really had the time to find a pro who knows their stuff.



Dr William Mooney

What is Rhinoplasty?

Rhinoplasty is any procedure that functionally and cosmetically improves the nose: it can range from simple in room procedures through to major reconstructive nasal surgery.

At What Age Can I Have Rhinoplasty?

The oldest patient I have treated with rhinoplasty was 77! She fell at a family barbeque and ended up with a terribly crooked and blocked nose. At the other end of the spectrum, young patients have to be judged on a case by case nature: I have to be confident that physically their face has stopped growing, and psychologically they are prepared for this surgery. Typically the youngest female age would usually be 17, and males 18.

What Does a Typical Rhinoplasty Entail?

Typically it is an operation performed under general anesthetic that takes a couple of hours. It is a safe procedure, but must be performed by a meticulously well trained and experienced surgeon for best results.

How is it Performed?

A formal rhinoplasty is a very minutely complex procedure. The skin over the nose is mobilised, and then the super structure of the nasal skeleton is refined. This structure is a combination of bone and cartilage, so different techniques are used for each. At the same time, any functional problems with the nose should be corrected and this is why this procedure is best performed by an ENT (ears, nose and throat) surgeon. This includes correcting a deviated septum, blocked sinuses, and other treatments to improve problems such as headaches, breathing, snoring and nasal obstruction. The skin is then relocated and dressings applied.



Before and after shot of one of Dr Mooney's patients

Thanks to Dr Mooney, I feel like I know even more about rhinoplasty than I did before and the best news is he will be back tomorrow to answer what you can expect as a rhinoplasty patient post operative and the risks involved, so tune in tomorrow to find out more!

TT.

Are you a previous rhinoplasty patient? Tweet me @troythompson1, or write on my Facebook wall...

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Posted on 19/10/2011, 12:00 pm, by Monique, under Troy Thompson's Guide to the Younger You.

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