

face



When you need more than just a facial

SYDNEY ENT AND FACIAL COSMETIC SURGEON **DR WILLIAM MOONEY** BELIEVES THE DAYS OF VISITING A DIFFERENT SALON FOR EACH OF YOUR BEAUTY NEEDS ARE DRAWING TO A CLOSE. LIZZY WOOD REPORTS.

With more treatments than ever before available to help us look our best, it's not uncommon to fill a day with appointments at different salons, spas and clinics. We may visit one salon for a facial, another for laser hair removal, and another still for cosmetic injectables. Wouldn't it be better if there was a one-stop-shop capable of meeting all our needs? Where we can establish a long-lasting relationship with someone who has both a good understanding of facial aesthetics as well as all our skincare essentials.

It's this belief that led Sydney ENT and facial cosmetic surgeon Dr William Mooney to establish Face Plus Medispa adjacent to his rooms in Bondi Junction.

'All patients should think of their skincare needs as a package that needs multiple inputs – if they're done at the same time that's all for the better really,' says Dr Mooney. 'It's important for patients to find centres where they can do everything at the same time,' he adds. 'This is because you treat with one technique – for example lasers, skincare, facials – depending on the results and effect you're getting from other techniques, such as injectables or surgery.'

At Face Plus, Dr Mooney and his team of qualified nurses tailor an innovative menu of treatments according to each client's needs. But the starting point for everyone,

he says, is to make a few simple changes to their lifestyle.

'Good facial care begins with a couple of preventative techniques,' he says. 'I tell all my clients to stay out of the sun, get happy, stop boozing so much and stop smoking.'

With this advice in mind, treatment at Face Plus begins with a full skincare assessment before a selection of the latest skincare and facial aesthetic treatments is tailored to the patient's skincare concerns.

'Lifestyle choices, ageing, pregnancy, menopause and medication can all play havoc with the skin,' says Dr Mooney. 'Our treatment menu showcases some of the latest technologies designed to specifically target these issues and help achieve clear, dewy, beautiful skin.'

Amongst the treatments on offer is the Laser Genesis Facial. Scientifically proven to stimulate and produce new collagen under the skin's epidermis without damaging the surface layer of the skin, Laser Genesis can help improve the appearance of fine lines, sun damage, large pores, redness and rosacea. Where appropriate, this might be combined with an exclusive Dr Spiller facial treatment to ensure patients leave with a little extra glow and luminosity.

With its proximity to Dr Mooney's established surgical clinic, innovative treatment menu and nurturing environment, Face Plus is the 'one-stop-shop' you've been looking for. **csbm**